



7th 
CZECH
AEROBIC
OPEN 
2012



2.-4.3.2012

SH EURONICS, ZLÍN

www.sportovniaerobik.cz

zlín.

 Univerzita Tomáše Bati ve Zlíně

 **Zlínský kraj**


Kooperativa
VIENNA INSURANCE GROUP

 **radio
Zlín**


ČESKÁ TELEVIZE

IMPROMAT


ASC Zlín


GYMNASTICKÝ AEROBİK


FIG


GARNI


M

- **WORK PLAN**
- *Updated 11/02/2012*
- *This Work Plan is subject to change.*

○ **Dear Aerobic Friends,**

○ **we are very happy to welcome all of you to 6th CZECH AEROBIC OPEN CUP 2011, FIG registered aerobic competition No.5593**

○ **Please find enclosed:**

○ **Important informations concerning competition**

○ **Competition timetable**

○ **PARTICIPATED NATIONS ARE:**

- AUSTRIA
- BELARUS
- ESTONIA
- FRANCE
- GREECE
- HUNGARY
- LATVIA
- ROUMANIA
- SLOVAKIA
- SWEDEN
- UKRAINE
- CZECH REPUBLIC

- **1. Competition venue:** Sport hall EURONICS (Novesta)
U Zimního Stadionu 4286
ZLÍN, CZECH REPUBLIC



- **2. Categories:**
- National Development 9 - 11 years (born 2001 - 2003)
- Age Group I 12 - 14 years (born 1998 – 2000)
- Age Group II 15 - 17 years (born 1995 – 1997)
- Seniors 18 years and more (born 1994 and older)

- **3. Qualifications:**

The maximum number for the Qualifying rounds has no limit per category and nation.

There will be no qualification if less than 9 starters (routines) in categories

(IW, IM, MP, TR, GR).

- **4. Finals:**

National Development, Age Group I and II, Seniors:

Each final (IW, IM, MP, TRIOS, GROUPS) will have a maximum of nine

(9)competitors: **6 best foreign competitors (max. 2 per nation)**

+ 3 Czech competitors (maximum)

- **5. Entry fees:**

IW, IM 20,- €

MP 30,- €

TRIO 45,- €

GROUP 90,- €

STEP 80,-€

- **6. Judges:**

Delegations must send at least a minimum of one judge with FIG / national brevet.

- **7. Floor:**

GYMNOVA certificated system, *Competition Area*

Special Aerobic Floor, *Training Area*

- **8. Technical rules:**
- **Seniors (18 years and more):**
- FIG Code of Points 2009 - 2012
- **National Development, Age Groups I and II**
- FIG Code of Points 2009 – 2012, Appendix V.
- **Step and Dance categories**
- FIG Rules for Universiade
-
- **9. Entry dates:**
- Nominative registration **Deadline 3th of February 2012**
-
- **10. Transport:**
- If you need transport, please do not hesitate to contact the organising committee.
-
- **11. Accommodation:**
- All reservation for the accommodation must be made by the organising committee and
- must be paid by the delegation by themselves with the accreditation.
-
- **Official Hotels:**
-
- **Hotel Garni**
- **Náměstí T. G. Masaryka 1335, 760 01 Zlín**
- www.hotelgarnizlin.cz
-
- **Hotel Moskva**
- **Nám Práce 2512. 760 01 Zlín**
- www.hotel-moskva.cz
-
- **Arrival Day: Rooms can be entered from 14.00 PM on.**
- **Departure Day: Please leave the rooms until 10.00 AM.**
-
- Deadline for the hotel reservation is 2nd of January 2012
- *If you have any special requires do not hesitate to contact OC.*
-
- **12. Media**
- On Sunday, the 4th of March, the Finals will be broadcasted via Czech National Sports Channel
- Television.

- **13. Visa:**
- All those requiring an official invitation to obtain a visa are asked to contact the organising committee:
- **Czech Gymnastics Federation, Atletická 100/2, 160 17 Praha, Czech Republic**
- **Phone: +420 257 210 811**
- **Fax: +420 257 210 811**
- **E-mail: info@asczlin.cz**

- **Competition Timetable:**

- **Friday, 2nd of March:**
- All day
- Arrival of the delegations, *Sports Hall Euronics*

- **14.00-19.00**
- Registration of all foreign and national competitors at the Sports Hall , *Registration Desk:*
 - Handing in the competition CD's – 2 copies (please have another 3 copy of CD's for trainings)
 - Checking Insurances for all members of the delegation
 - Handing in the Difficulty sheets
 - Accreditation of each participant
 - 19.00 Deadline for handing in the Difficulty sheets, *Registration Desk*

- **15:30-20:30**
- Training possibility afternoon in the competition hall, according to following timetable:
- Optional Training Session *Warm Up Area, Training Area:*
- 15:00-16:45 CZE
- 16:45-17:30 AUT, LAT, EST (AUT 10min, LAT 20min, EST 15min)
- 17:30-18:15 SVK, SWE, ROU (SVK 30min, SWE 5min, ROU 15min)
- 18:15-19:00 UKR
- 19:00-19:45 BLR
- 19:45-20:30 FRA, HUN, GRE (FRA 15min, HUN 30min, GRE 5min)

- **16.00-21:15**
- Podium Training with Music, *Competiton Area*
- 16:00-17:30 CZE
- 17:30-18:15 AUT, LAT, EST (AUT 10min, LAT 20min, EST 15min)
- 18:15-19:00 SVK, SWE, ROU (SVK 30min, SWE 5min, ROU 15min)
- 19:00-19:45 UKR
- 19.45-20:30 BLR
- 20:30-21:15 FRA, HUN, GRE (FRA 15min, HUN 30min, GRE 5min)

- 19.00 **Orientation meeting, head of delegation, coaches, *Judges Room***

- 19.30 **Judges meeting, *Judges Room***
Instruction of judges scoring system, compulsory for all judges, *Judge's podium*

- **Saturday, 3rd of March:**

- 7.15-09.15 Optional Training Session (*Warm up Area, Training Area, Competiton Area*)
- 8.30 **Judges meeting, *Judges Room***
- 09.25-09.30 Opening Ceremony, Presentation of Nations (8 counts), according to following order, *Competition area*
- AUT, BLR, EST, FRA, GRE, HUN, LAT, ROU, SVK, SWE, UKR
- CZE:
- TJ Orel Blansko
- VSK VUT Brno
- MP Aerobik Kyjov
- Sport Aerobic Liberec
- Pro Fitness Praha
- TJ Sokol Kampa Praha
- Gymaerobik Zlín
- Aerobik Sport Centrum Zlín

- 09.30-12.00 Qualifications 12-14 IW, 9-11 IW
- 12.00-12.30 Break
- 12.30-15.00 Qualifications 12-14 IW, 9-11 IW
- 15.00-15.15 Break
- 15.15-16.35 Qualifications 9-11 TR, 12-14 TR
- 16.35-16.45 Break
- 16.45-19.15 Qualifications 15-17 IW, SEN IW
- 19.15-19.30 Announcement of the Finalists 12-14 IW, 12-14 TR
- 9-11 IW, 9-11 TR, 15-17 IW, SEN IW

- 20.30 **Banquet** only for all Officials, Judges, Coaches, *SH Euronics – Sport bar*
-
- **Sunday, 4th of March:**
-
- 7.15-9.15 Optional Training Session (*Warm up Area, Training Area, Competiton Area*)
-
- 9.00 **Judges meeting only for STEP & DANCE International Judges and Czech National Judges for TEAM Aerobic, *Judges Room***

- **09.25-09.30** Opening Ceremony for International STEP and Dance Aerobic Competition and Czech National Competition in TEAM Aerobic, Presentation of Nations (8 counts), according to following order, *Competition area*:

- Int. STEP and Dance Aerobic Competition: SVK, UKR, CZE
- National Competition in Team Aerobic:
- TJ Orel Blansko
- VSK VUT Brno
- MP Aerobik Kyjov
- Sport Aerobic Liberec
- Pro Fitness Praha
- TJ Sokol Kampa Praha
- Gymaerobik Zlín
- Aerobik Sport Centrum Zlín

- **09.30-11.30** International STEP Aerobic Competition, Czech National TEAM Aerobic Competition
- **11:30-12.00** Break, Awards Ceremony for category STEP AER, TEAM AER
- **12.00-14.20** Finals 9-11 IW, IM, MP, TR, GR, 12-14 IW, IM, MP, TR, GR
- **14.20-14.55** Break
- **14.55-15.00** Opening Ceremony, Presentation of Nations (8 counts), according to following order, *Competition area*
- AUT, BLR, EST, FRA, GRE, HUN, LAT, ROU, SVK, SWE, UKR, CZE
- **15.00-16.50** Finals 15-17 IW, IM, MP, TR, GR, SEN IW, IM, MP, TR, GR
- **16.50-17.00** Break
- **17.00-17.45** Awards Ceremony for 7th Czech Aerobic Open 2012
-

- **Monday, 5th of March:**
- All day Departure of the delegations

- *Should you have any other questions concerning competition do not hesitate to contact the following person:*
- OC
- *Andrea Visnova*
- *CGF Aerobic Gymnastics Committee President*
- *e-mail: info@asczlin.cz mobile: +420 737 259 257*
-
- *Zlín, 11/02/2012*